



Shepherd Care®

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To Care for People Where They Live and Work

COMMUNITY Care TOPIC

The Tyranny of the Urgent

Have you ever found yourself constantly running around putting out one fire after another, busy dabbling here and there, and juggling multiple items without a break...only to find yourself frustrated and run down and run ragged? The demands of the urgent are never satisfied. It has been said that "If we do not manage our schedules, then our schedules will manage us!"

Urgency is a tyrant. It demands that its slaves live at a continual level of heightened response with no sign of let up. This consistent requirement to put out *fires* will literally *burn* one out!

Tips to Manage your Life

- Programs. Put systems in place. Plan and Prepare. Plan your day. Prepare for eventualities. Do first things first. Some items are more important and time sensitive than other less important requests. Set Priorities. Purchase a day planner and use it.

- People. Protect and care for people, as they are the most valuable asset. This applies for a business staff or a family. It is unfortunate that the people about us are so often casualties of the urgency. Machines can be replaced. If you care for people, they will be there to care for you, and be around to care for the organization.

If you feel that you are overwhelmed, speak to your supervisor or others involved and try to develop a strategy to survive. Remember that there will always be a million things to do, but that does not mean that they all have to be done right now and by yourself!

Introducing your Community Chaplain

Eric Kieselbach

(pronounced "key-sill-baa")

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"Life's most persistent and urgent question is, 'What are you doing for others?'"

Martin Luther King, Jr

"The horseleach hath two daughters, crying, Give, give. There are three things that are never satisfied, yea, four things say not, It is enough: The grave; and the barren womb; the earth that is not filled with water; and the fire that saith not, It is enough."

Proverbs 30:15-16

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